

Dear Parents/ Guardians,

This letter is to inform you that we will be participating in **"No Name Calling Week"** during the week of January 21- 25, 2019. "No Name Calling Week" is a national initiative in schools aimed at ending name-calling of all kinds. We are focusing on kindness to everyone. Students will receive a pencil with the kindness theme.

One way students will participate is through different **theme** days to help educate students about various things they can do to help others. Participation in these theme days is voluntary. A schedule for these themes is listed below.

Monday: NO SCHOOL-Martin Luther King Jr.'s Birthday

Tuesday: NO SCHOOL- In Service

<u>Wednesday</u>: "Be Yourself, Express Yourself, Show Your Self-Esteem"- Wear your favorite clothes to school because what makes us different is important.

<u>Thursday</u>: Wear mismatched shirt and pants to school- To honor that "we are all different and should appreciate our differences".

<u>Friday</u>: Wear backwards shirt to school- To show that "you have another person's back" (be a great bystander!)

I will be going into every classroom this month to present a lesson aimed at preventing name calling/bullying. If you have any questions regarding "No Name Calling Week," feel free to contact me.

Kindly,

Mrs. Maryann Swartz Scott Primary School Counselor 412-492-1200 ext. 8516 swartzm@sasd.k12.pa.us