

SHALER AREA SCHOOL DISTRICT NURSING DEPARTMENT

High School

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Middle School

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Elementary School

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Marzolf/Reserve

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HEAD INJURY INFORMATION

A mild head injury may result from striking the head against an object or by a blow to the head. There may be bruises, cuts, or lumps. Common symptoms include headache, nausea and slight dizziness. It can cause slow bleeding or other problems inside the head that may or may not be noticeable at first.

NOTIFY YOUR DOCTOR IF YOU NOTICE ANY OF THE FOLLOWING SIGNS:

1. Unusual drowsiness - particularly if difficult to rouse.
2. Inability to answer simple questions.
3. Increased or severe headache.
4. Slurred speech.
5. Vomiting.
6. Unequal pupils or change in vision.
7. Convulsions or unconsciousness.
8. Bad balance - weakness in arms or legs.
9. Drainage from ears or nose.
10. "Just not being himself or herself."

Approved for distribution by Shaler Area School Nurses

Ted C. Schaffer, M.D. (Date)