

# SHALER AREA SCHOOL DISTRICT

No: 227.1

## SECTION: PUPILS

**TITLE: DRUG AND ALCOHOL AWARENESS FOR SEASONAL EXTRACURRICULAR ACTIVITIES WHO HAVE BEEN GRANTED PARKING PRIVILEGES**

**ADOPTED: MAY 20, 1998**

**REVISED: FEBRUARY 21, 2001; JULY 16, 2001; APRIL 16, 2003; NOVEMBER 14, 2007**

<p>1. Purpose</p> <p>2. Authority</p>	<p>227.1 DRUG AND ALCOHOL AWARENESS FOR: (1) SEASONAL EXTRACURRICULAR ACTIVITIES; (2) ATHLETIC PROGRAMS; AND (3) FOR STUDENTS WHO HAVE BEEN GRANTED PARKING PRIVILEGES</p> <p>This policy is an extension of the Drug and Alcohol Awareness Policy 227. Tobacco violations should be referred to Tobacco Policy 222. The primary purpose of this policy is to ensure an alcohol and drug free setting for students who participate in seasonal extracurricular activities, athletic programs, and students who have been granted parking privileges. It is the philosophy of the Shaler Area School District that participation in seasonal extracurricular activities and interscholastic athletics and parking is a privilege, not a right. Students who volunteer to participate in these programs are expected to accept the responsibilities granted to them by this privilege.</p> <p>It shall be a violation of this policy for any student who is currently participating in any extracurricular activity or athletic program or who has been granted parking privileges to possess (including drug paraphernalia), use, distribute, attempt to distribute, or be under the influence of alcohol and/or other drugs at any time in or out of school.</p> <p>This policy will be in effect during the entire calendar year, including the school year and all vacation period.</p> <p>The Superintendent or his designees shall administer this policy in order to establish and maintain an alcohol and drug-free setting for students who choose to participate in seasonal extracurricular activities or athletic programs and/or who enjoy parking privileges.</p>
<p>3. Guidelines</p>	<p>It shall be the responsibility of administrators, coaches, and activity sponsors to make students and parents aware of this policy. The policy will be distributed at the beginning of each athletic season and/or activity and will also be available on the Shaler Area School District website.</p> <p>Coaches or activity sponsors requesting additional rules and regulations governing students involved in their specific activity must submit a copy of any additional proposed regulations to their program director. The director shall then submit the proposed regulations to the Building Principal for approval.</p>

	<p>When it comes to the attention of a school district official that a student has been in violation of this policy, Building Principal, the Activities Director or the Athletic Director along with the Student Assistance Team and the administration, will function as an integral part in the implementation of this policy and the following procedures.</p> <p>For the purpose of this policy, formal acknowledgement and all rules pertaining to this policy shall commence when the attached form, "Parent/Student Informed Consent" pursuant to Policy 227.1 is signed. Students will not be permitted to participate in ANY seasonal extracurricular and/or athletic program(s) or any parking privileges while in grades 7-12 until this form is signed by both the student and the parent. For example, if a student was involved in a seasonal activity/sport in the fall, the form would be signed in August. If a student's first seasonal activity or sport did not begin until winter, the form would be signed in November.</p> <p><b>ALCOHOL AND/OR OTHER DRUG INFRACTION (Excluding anabolic steroids)</b></p> <p><u>FIRST VIOLATION</u></p> <p>The Athletic or Activities Director and Principal will issue first-time offender suspensions as follows:</p> <p>If the infraction occurs in season, the Athletic or Activities Director and Principal will issue the first-time offender a competition suspension equal to 20% of their maximum allowable regular season scheduled competitions (not to include scrimmages). This is not the number of competitions they are scheduled, it is the maximum number allowed by the WPIAL in that particular sport (rounded to the nearest whole number).</p>
	<p>These missed competitions will occur in chronological order from the date the offense is verified. No new competitions can be added to alter the integrity of the suspension. The offender is permitted to participate in practices, weight training, rehearsals, etc. Any missed team activities, practices, or rehearsals can result in further punishment at the coach's/sponsors discretion. In addition to a competition suspension, the offender will lose all parking privileges for 31 school days from the time the offense is verified. If the student who violates this policy on a first offense is only a student driver, the punishment will be the 31-day suspension to be assigned when school is in session.</p> <p>If the infraction occurs out of season, the Athletic or Activities Director and Principal will issue the first-time offender a 21-day suspension from all after-school activities, including weightlifting, open gyms, or unofficial competitions. This out of season penalty will be applied during a time when the student's primary sport team is involved in an out-of-season activity.</p>

	<p>Upon returning to the primary sport the following upcoming season, the offender will serve a 10% game/competition suspension. If the offender will not be participating in their primary sport/activity due to graduation, then the 10% will be applied to any upcoming sport season or activity that person selects for the remainder of the school year. Also, the offender will lose all parking privileges for 31 school days from the verified date of offense. If the student who violates this policy on a first offense is only a student driver, the punishment will be the 31-day suspension to be assigned when school is in session.</p> <p>In reference to non-WPIAL activities such as Cheerleading and Band, the same percentage approach will apply for in-season and out-of-season infractions and a number of available competitions/events will be determined prior to the start of school each year by the sponsor and activities director.</p> <p>This in-season competition timeframe as outlined above must occur in a sport/activity in which the student has traditionally participated. The intent of this statement is to prevent a student from enrolling in a sport/activity where a sincere interest appears lacking as a means of missing competition in a sport/activity that has significant meaning to the student. The School principal shall make the ruling as to whether a choice of an alternative activity has been selected as a means of avoiding this suspension in a specific activity.</p>
	<p>As the 10%/20% penalty is applied, the Athletic/Activities Director will monitor any penalties that could be imposed late in the season where the percentage cannot be achieved. The remaining percentages of time will be applied in the next season for that student. If a student is traditionally involved in two activities, the remaining percentage could move to that activity. If not and if the athlete is an underclassman, it will carry to the following year when the activity in question resumes.</p> <p>Upon full investigation of the incident, severe action may be deemed necessary. The first violation shall be considered to be in effect for a period of twelve (12) months unless extended by subsequent infractions. If the twelve-month probation period passes without additional infractions, the student's record shall be cleared.</p> <p>The Student will be referred to the Student Assistance Program (SAP). Reinstatement is contingent upon the student following through with the recommendations of the SAP team as well as participation in one (1) Alcoholics Anonymous meeting.</p> <p><b><u>SECOND VIOLATION</u></b></p> <p>A second offense will result in the Athletic Director or Activities Director and Building Principal issuing a twelve (12) month suspension from participating in any extracurricular and/or athletic programs including students who have been granted parking privileges at the time the second offense is verified. Parental contact will be made by the appropriate administrator and the student will be referred to the Student Assistance Program.</p>

	<p>The second-time offender will be required to complete a professional Alcohol and Other Drug Assessment and must comply with the recommendations of that assessment.</p> <p>The agency conducting the assessment must be chosen by agreement between the parents of the student and the school administration with assistance from the Student Assistance facilitator. Reinstatement is contingent upon the student following the recommendations of the Drug and Alcohol Assessment.</p> <p>As stated, the second violation shall be considered to be in effect for a period of twelve (12) months from the date the District issued the second occurrence suspension. Once the twelve-month period passes and no additional infractions occur, the student's record shall be cleared. In effect, this extends the probation time frame outlined in the language for a first violation.</p>
	<p><b><u>THIRD VIOLATION</u></b></p> <p>An additional offense during the twelve (12) month suspension period issued as a result of the second violation will result in an immediate and full suspension from all seasonal extracurricular activities or athletic programs operated or sanctioned by the Shaler Area School District including suspension of parking privileges for students who have been granted parking privileges for any reason. This third violation suspension shall be in effect for the remainder of time the student is enrolled as a student in the Shaler Area School District.</p> <p>During this suspension, the student must be active with the Student Assistance Program and will be required to be assessed by an adolescent drug and alcohol provider to determine the need for treatment. The agency conducting the assessment must be chosen by agreement between the parents of the student and the school administration with the assistance from the Student Assistance facilitator.</p> <p>Also, at the time of each infraction, a mandatory parent/student meeting will occur with the coach/sponsor, Athletic Director/Activities Director, and principal.</p> <p><b><u>STUDENTS WHO COME VOLUNTARILY</u></b></p> <p>A student seeking help and not under the influence of, or distributing, or in the possession of alcohol or other drugs, narcotics, or other health endangering compounds within the school, who comes or is referred to the principal, is not subject to the provisions of this policy, and will be referred to the Student Assistance Team. However, if the violation is a matter of public record or has become public knowledge, the student will incur the consequences stated above.</p>

<p>Act 104 of 1989 42 P.S. 8337 Pol. 233</p>	<p><b><u>DEFINITIONS</u></b></p> <p><b>Cooperative Behavior</b> is defined as the willingness of a student to work with school personnel in a reasonable and helpful manner by complying with requests and recommendations made by the members of the Student Assistance Team.</p> <p><b>Uncooperative Behavior</b> is defined as the resistance or refusal, either verbal, physical, or passive, on the part of the student with the reasonable request or recommendations of the principal or school personnel. Defiance, assault, deceit, destruction of property, and flight shall constitute examples of uncooperative student behavior. Uncooperative behavior shall also include parent/guardian and/or a student's refusal to comply with the recommendations made by the principal and/or Student Assistance Team.</p> <p><b><u>PROHIBITION OF ANABOLIC STEROIDS</u></b></p> <p>The purpose for separating anabolic steroids from other drug/alcohol issues/violations is due to Pennsylvania Public Law. Act 93 of 1989 was passed with specific procedures for districts to follow including punishment for violations. This entire section on anabolic steroids is specifically stipulated in Pennsylvania Law.</p> <p>Eligibility for participation in school athletics shall be limited. No student shall be eligible to resume participation in school athletics unless there has been a medical determination that no residual evidence of steroids exists. The Board may require participation in any drug counseling, rehabilitation, testing or other programs as a condition of reinstatement into a school athletic program.</p> <p>The use of steroids by students involved in athletics is prohibited. In addition to the prohibition of use, the Board directs the administration to develop educational plans regarding the use of anabolic steroids.</p> <p>The Superintendent shall prescribe, implement, and enforce rules and regulations to prohibit the use of anabolic steroids, except for a valid medical purpose, by any student involved in school-related athletics. Body building and muscle enhancement of athletic ability are not valid medical purposes. Human Growth Hormone (HGH) shall not be included as an anabolic steroid under the provisions of the law.</p> <p>Education regarding the dangers of anabolic steroids shall be provided in other district drug and alcohol programs.</p>
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The following minimum penalties are prescribed for any student found in violation of the rules and regulations required above. Violations of rules and regulations include:

1. For a first violation, suspension from school athletics for the remainder of that season.
2. For a second violation, suspension from school athletics for the remainder of the season and for the following season.
3. For a third violation, permanent suspension from school athletics.

#### Sports Enhancing Supplements

There exists several over-the-counter products known as sports enhancing supplements. The purpose of those supplements are to assist an athlete enhance his/her overall physical development and some are designed to enhance a specific athletic event.

Students should be made aware that anabolic steroids are classified as controlled substances and that the use, unauthorized possession, purchasing, or selling could subject them to suspension, expulsion, and/or criminal prosecution.

The Shaler Area School District wants to be clear in conveying the thought that the use of any supplement(s) or product(s) designed to enhance performance is not endorsed or condoned. It is our hope that parents will support our view that the use of such supplements should be prohibited.

As a means of conveying our opinions on the topic, our coaches, trainers and health teachers shall, through our curriculum and annual team orientations, address this issue with our students. The message we want to convey to our students is that preparation for athletic performance is best served through a proper and well-balanced nutritional diet and appropriate physical activity designed by our coaches, trainers, and weight room supervisors.

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**SHALER AREA SCHOOL DISTRICT  
ACTIVITIES/ATHLETIC DEPARTMENTS**

**Parent/Student Acknowledgment of Policy 227.1**

TO: PARENTS AND GUARDIANS

The Shaler Area School District, recognizing the growing problem of drug and alcohol abuse among teens, has developed a policy that will pertain to all athletes and participants in any extracurricular activity. The policy is in a handbook titled "Student Athlete – Handbook of Sports Information" as well as in School Board Policy 227.1 – Drug and Alcohol Awareness for Seasonal Extracurricular Activities, Athletic Programs, and for Students Who Have Been Granted Parking Privileges.

Participation in sports and other extracurricular activities is a privilege. Participation also carries with it certain responsibilities as the school and the community are being represented. Along with other rules and policies governing eligibility, the student's attendance, behavior, and participation will also be determined by compliance with Board Policy 227.1. Compliance with this policy is mandatory in order for the student to participate in an extracurricular activity or athletic program.

Please read, sign, and return the bottom portion of this letter to your coach or activity sponsor along with the Parent/Physician card if applicable. Participation in sports or seasonal-type activities cannot commence until this form is signed by both the student and the parent. This form shall be in effect for a period of twelve (12) months and shall cover participation in any sport or seasonal activity in which the student may participate during that twelve (12) month period.

-----Sign, Detach, and Return -----

*I have read the provisions of the Shaler Area School District's Policy 227.1, Drug and Alcohol Awareness for Seasonal Extracurricular Activities, Athletic Programs, and for Students Who Have Been Granted Parking Privileges, as it pertains to participation in athletics and activities. I agree to comply with the rules and am aware of the consequences involved in the violation of this policy.*

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_