

# Shaler Area School District

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**Bryan E. O'Black, Ed.D**  
Assistant Superintendent

**Sherri L. Ludwig, CPA**  
Director of Business Affairs

**Kathleen R. Graczyk, M.Ed.**  
Director of Student Services

**Sean C. Aiken, MEd**  
Superintendent of Schools

Dear Parents/Guardians:

The Shaler Area School District has developed a wellness policy as attached, School Board Policy Number 246. The district recognizes that student wellness and proper nutrition are related to students' physical well-being, growth, development, and readiness to learn. The Board is committed to providing a school environment that promotes student wellness, proper nutrition, nutrition education and promotion, and regular physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.

If you have any questions concerning this policy or would like to participate in the development, review, update, and implementation of the Local School Wellness Policy, please contact your building administration.

Sincerely,

A handwritten signature in blue ink that reads "Sean C. Aiken".

Sean Aiken, Superintendent of Schools  
Shaler Area School District